

Kingston Age Friendly Transport Project 2009



City of
KINGSTON

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Planning

- Idea for project raised by the Positive Ageing Transport Working Group.
- Pilot project with funding from MAV.



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Aim

- To encourage older people from CALD communities to access public transport in their local area, thereby continuing or increasing their independence and social connectedness.



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Objectives

- To provide accessible transport information.
- To improve the confidence of older people in relation to public transport use.
- To develop a framework for information provision with respect to public transport.
- To provide feedback to transport providers about the needs of CALD users.
- To establish ongoing links with transport providers.

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Participants

Group members from CALD senior citizens groups based in the Clarinda and Clayton South. The groups involved were:

- Kingston Chinese Senior Citizens Club Inc
- Cosenza Senior Citizens of Kingston (Italian)
- The Cantazaro Senior Citizens Club of Monash Inc (Italian)
- Pilipino Elderly Association of South-East Region (PEASER)

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Participant Engagement

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- Support of lead volunteers from the groups.
- Targeted approach.



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Project Stages

- Needs identification
- Collation of transport information
- Information sessions
- Public transport outings
- Evaluation



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Outcomes

- Council gained an understanding about the transport needs of the senior citizen groups involved.
- Participants increased their knowledge and confidence to use public transport, either independently or in groups.
- Provided the service providers with information about the needs and issues being experienced by older people when using public transport.
- Developed a framework for the future provision of the project.

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Recommendations

- Initial **needs identification** important to help you know what information is required.
- Use the needs identified to provide **information in different formats** (e.g. presentations, flyers, displays)



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Recommendations cont.

- **Information sessions** to be planned according to needs identified. Share this information with guest speakers to help their preparation. Use interpreters!



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Recommendations cont.

- **Public transport outings** give great experience for theory learnt.
- **Evaluation** is important – ongoing throughout and in follow up.
- **Participant engagement** is maximized through developing a strong relationship with lead volunteers from the group.



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Recommendations cont.

- Working with people from CALD backgrounds:
 - **Translation and interpreting** are a must!
 - Contact groups through someone who has an **existing relationship** with them.
 - **Value diversity** to gain understanding about culture, values and needs.

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Contact

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